

THE GATEWAY FROM
INTELLECTUAL
UNDERSTANDING TO
ASCENDED CONSCIOUSNESS

TEACHING THE WISDOM OF THE THREE GATES

« The door of the Armur and
the Androgyne », « The door of
the souls's melody », « The door
of your multidimensional light
signature »

*Nature loves COURAGE. If you have the courage to
commit, nature will respond to that commitment by
removing all obstacles that seem impossible to
overcome. Dream the impossible, and the world will
not bury you; it will lift you up. That is the secret.
That is what all the great teachers and philosophers
who touched alchemical gold understood. It is the
shamanic dance under the waters of the waterfall! It
is the way of magic! It is by throwing yourself into
the abyss that you will discover that a bed of
feathers awaits you there!" Terence McKenna*





I want to send you all my gratitude from the space of my heart!

The goal of this online training is to open your awareness to the invisible and powerful parts of yourself. This will allow you to approach energy and spiritual guidance with clarity and take a quantum leap toward your treasure, your uniqueness. I congratulate you on choosing to walk a part of the path alone with this training, which offers you a precious opening of consciousness.

This visionary and multidimensional journey addresses your mind, your emotions, your physical body, and your spirituality through meditation, astral travel, heart coherence exercises, spaces for deep introspection, energy healing practice sessions, and the writing of your visionary "Lightguide." You will also be able to set your clear intention. This intention will be the stepping stone on your journey to your desired destination, through a transformation of your inner self, but perhaps also of your physical body.

Your intention is pure light, so take the time to do your introspection work. As you will see during the training, our DNA is very intelligent and reacts to our intentions, which must be pure in order to purify your karmic imprint from density.

I won't say any more! It's time to go, and without further delay, I invite you to settle down comfortably within yourself, because I am going to guide you to your treasure. You can write down your impressions, your visions, and your feelings, as well as the vision you have of your treasure in this present moment. Above all, don't lose your writings, because the time will also come when your treasures will manifest in the material world, so you can welcome your evolution when the time comes and radiate your gratitude!





In this Age of Aquarius,

beautiful, sensitive souls are called to evolve toward the new Golden Age and toward their golden emanations, which is another ascended state of consciousness that transforms matter and light bodies. Ascension takes place within us; it is our consciousness that opens up, we awaken by letting go of the traumatic material of our soul accumulated since the dawn of time. It is like letting go of ballast so that the hot air balloon can rise into the sky. The advantage of elevation for human consciousness is to recover its divine and spiritual parts, because it is a birthright to have access to expansion, joy, well-being, and peace, and to break free from the imprisonment of duality that induces suffering.

Welcome!

If you are here right now, it is because you have heard the call and appreciate being guided, step by step, toward dissolving the armor that we all wear. This armor not only prevents us from fully blossoming by allowing all our chakras to open in order to receive and emit high-frequency vibrations, but it also blocks our access to Yin/Yang balance through the unification of our feminine and masculine energies to prepare us to live and experience harmony on higher planes of consciousness.

The door of the armor and of the androgyne offers you a way to access the “rainbow bridge” and cross it in order to activate your spiritual, divine, unified parts, your parts of light—it’s up to you to decide what you want to call them! This door is your gateway to the currently inactive or dormant strands of energetic DNA that hold the keys to your expansion towards the Infinite and towards your biophotonic transmutation, towards your siliceous body (currently, with our two strands of DNA, our body is carbon-based) and towards your highly vibrational projects.

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Who are these sensitive souls?

These are Starseeds, people with high vibrational potential, which is already engraved on their soul path, the lightworkers

THE QUANTUM
DIMENSION AND THE ONE:
THE TEACHING OF THE
GOLDEN VOLUMES OF THE
QUANTUM CREATOR

THE PLATONIC SOLIDS: THE QUANTUM DIMENSION, THE ONE AND THE GOLDEN RATIO PHI

The Great WHOLE breathes to the
same pulse of Life!

"We will see that the Earth's vital flows are distributed according to a system of multidimensional geometric grids whose structure is based on a combination of polyhedrons inscribed in the terrestrial sphere and fractal imbrications.

These grids are alive, they breathe and evolve. They are linked to the evolution of the Earth and that of human consciousness. For example, at the beginning of the human experience of duality, when humans were cut off from their divine being and the celestial hierarchies, the grids underwent significant changes."

Chapter inspired entirely by Alain Boudet, Le réseau énergétique des lieux sacrés (The Energy Network of Sacred Places), 2016, Trédaniel Publishing



THE 6 VIBRATIONAL PLANES TOWARDS THE UNIFIED FIELDS OF CONSCIOUSNESS

**Awaken to yourself between Earth and Heaven and understand your
soulpath** (constitutions, karma, numerology, astrology, energy practices), **3D plan**
- THE ARMOR -

This first quest is truly that of your incarnation, whether you accept it as it is or refuse to incarnate. Together, we will awaken you to your physical constitution, your zodiac characteristics, and the revelations held by your date of birth, and reposition all this information on the level of your soul, thereby on a broader level of vision than you have had until now. We will look at the elements of Earth, Water, Fire, and Wind that give rhythm to your life in order to awaken you to this vision and lead you towards solutions for rebalancing that you can apply autonomously. No more excesses and deficiencies, you will soon know and understand that imbalance is inevitable (entropy), but not fatal. In order to manifest your dreams on Earth, it is essential that your physical, emotional, mental and spiritual bodies are balanced, that they interact fluidly and that they do not cause you suffering. Here, you are committing to transforming the armor that is holding you back. May you articulate the right intentions!

Activate the creator within yourself
(Yin/Yang – Masculine/Feminine), **3D/4D**
- THE ANDROGYNE -

This second quest is that of the Love you nourish toward yourself, whether it is unconditional or not. This Love is the driving force behind the great alchemical process that must take place in order to reunite with the Quantum Creator. It speaks to us of the unconditional Love of your inner couple. This quest is more subtle in nature and will highlight your shadow sides, your repressed soul parts, the “dark matter” that slows down the radiance of the inspired creator, the luminous leader. We are working



Does your sacral chakra allow you to manage life's challenges with self-love?

The sacral chakra is linked to our emotions. The story below will help you understand how you deal with the challenges in your life that are closely associated with your emotions. If your emotions often get in the way or even block you, you may be drawing energy from the roots (family, transgenerational, karmic, DNA) that do not support you and your emotional life today. We need to understand how to interpret our life experiences; this is *emotional maturity*. Write about this topic in your *Lightguide*! Take time to reflect on your day-to-day emotional management in relation to your armor, your soul melody, your light signature, your hypersensitivity, and your love-relationship(s). Feel free to express yourself!

Affirmations and mantras to repeat:

I attract everything I desire when I drop my desire

Come, sit with me and feel my love

I radiate peace

I'm sorry, but I need to take care of myself

This path is blocked, I am reorienting myself

Don't give up until the miracle happens

A life ends in spectacular fashion

